

Our mission is to empower individuals and families to achieve well-being and health through quality, cost-effective healthcare, education and coaching delivered with enthusiasm and compassion.



How To Make an Appointment

Once you have completed the registration steps (listed on the other side of this brochure), you will receive a confirmation email from CareHere. You may now log into the site to make your appointment.

To make an appointment, go to: www.carehere.com. Once you are registered, login and click on **Appointments**.

The schedule for the Health Center will appear at the top right of your screen. Select the day then time. Click **SUBMIT** to save your appointment.

Note: If you need to talk with your health care provider about three or more medications, be sure to schedule two back to back appointments so you and your health care provider have plenty of time.





The Montana Health Center, operated by CareHere!

The State of Montana Health Plan is excited to announce the opening of the Montana Health Center. This new facility is open to active employees and their dependents age two and older covered on the State health plan.

Services available include:

- Same day by appointment
- Primary care
- Health screenings
- Immunizations and flu shots
- Lab work with your appointment
- Follow up appointments after routine labs
- Care Advocate
- · CareHere Health Coaches
- CareHere Connect, an online Personal Health Assistant Program
- No co-pays for health center visits
- Online or telephonic appointment scheduling

- Coordination with Third Party Administrators
- Minimum 20 minute appt. face-to-face with the provider with an average wait time of less than 5 minutes
- Retirees may have their flu shots and health screenings at the Health Center

A NOTE ON PRIVACY
CareHere abides by HIPAA
Regulations and does not
provide any health or personal
information to the State of
Montana. The State of
Montana has hired CareHere
as a third party and does not
have access to CareHere
patient's personal health
records.

Don't want to go online to make an appointment? You can schedule by phone by calling (406) 444-9930 or (877) 423-1330—live customer support 24/7 at the 877 number!

How To Register

To use the Health Center, you must first register with CareHere. Each individual needs to be registered separately in the CareHere System.

STEP ONE:

Go to <u>www.carehere.com</u> and click **Member Login**.

STEP TWO:

On the next screen, click, "I need to register with my Access Code."

STEP THREE:

Next to "First time registration" enter the following code for Helena: MHA2. Then click Go.

STEP FOUR:

Confirm you have entered the correct Access Code—you will see Helena, MT. Click **Next**.

STEP FIVE:

Read the Privacy Consent and, if you agree, click, "I agree with the above statement."

STEP SIX:

Finish your registration by entering the required personal information on the pages that follow (takes about five minutes). Set your username and password.